



## CURRICULUM VITAE (CV)

*Mitra Abbasifard*

### *Personal Information:*

Last Name	Mitra
First Name	Abbasifard
Citizenship	Iranian
Date of Birth	1973/7/21
Place of Birth	Rafsanjan- Iran
Marital Status	Married
Child	1

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### *Address*

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Assistant Professor of Rheumatolog	Mobile No: +989133905950
Department of Internal Medicine,	E -mail: dr.mabbasifard@gmail.com
School of Medicine	
Non-Communicable Diseases	
Research Center	
Ali Ibn Abi Taleb Educational and	
Research Center	

### ***Academic Training:***

- General Medicine - Doctor - Professional PhD - Afzalipour University of Medical Sciences - Kerman - Iran 1999 -
- Internal Specialization - Internal Medicine Specialist - Afzalipour University of Medical Sciences - Kerman - Iran 2011-Internal medicine specialist rheumatology

### ***Teaching Experience with Specialist Board Diploma***

- From October, 1992 to October, 92, with the degree of internal specialized teaching board in Rafsanjan University of Medical Sciences, Faculty of Medicine.
- From September, 2002 to September, 1994, the assistant professor of Tehran University of Medical Sciences and teaching students of Tehran University in the department of rheumatology of hospital and teaching physiopathology of rheumatology At Tehran Medical School
- From October 2007 to present, with a degree in Rheumatology, Assistant Professor of Rafsanjan University of Medical Sciences.

### ***Theses written in the period of study***

- Antinociceptive effect of methanolic extract of black mustard plant in mice -Brassicainigra  
General physician - Dr Mohammad Reza Heidari
- Determination of the Effect of Wounding of Methanolic Extract of Grasshopper Perkula on Rat Stomach Compared to Inromemtan
- Determination of the Effect of Wounding of Methanolic Extract of Grasshopper Plants on Rat Stomach Compared to IntroMatBain Captopisspinosa Internal Medicine - Dr Mahmood Reza Heidari - Dr Mehdi Jahanbakhsh
- The effect of N-acetyl-cysteine on the activity of lupus disease in patients referred to rheumatology clinic of Valiasr Hospital in Tehran in 1993

### ***Skills courses***

- Workshop on Bone Density Assessment

### *Research projects*

- Researching of the frequency of lupus and lipid profiles in patients referring to Rafsanjan Rheumatology Clinic, 1996-96
  - Frequency of Rheumatoid Arthritis in Patients Referring to Rafsanjan Rheumatology Clinic, 1995-96
- Interjection of IL38 in patients with osteoarthritis referring to Rafsanjan Rheumatologic Clinic
- Residence of IL38 in rheumatoid arthritis patients referring to Rafsanjan Rheumatologic Clinic
- Interjection of IL38 in patients with lupus referred to Rafsanjan Rheumatology Clinic
- Moscowo scletal manifestations of diabetic patients referring to the diabetes clinic of Ali ibn Abi Taleb Hospital (Rafsanjan, Iran)
- Moscowo scletal manifestations of hypothyroidism referring to the diabetes clinic of Ali ibn Abi Taleb Hospital (Rafsanjan, Iran)
- Surveying the level of participation and autonomy in patients with osteoarthritis referring to Rafsanjan Rheumatology Clinic
- Investigation of the level of participation and autonomy in patients with rheumatoid arthritis referring to Rafsanjan Rheumatology Clinic

### *Supervised or advised theses*

- Frequency of lupus and lipid profile in patients referring to Rafsanjan Rheumatology Clinic, 1995-96
- Frequency of rheumatoid arthritis in patients referring to Rafsanjan Rheumatology Clinic, 1996-95
  - Evaluation of IL38 level in patients with osteoarthritis referring to Rafsanjan Rheumatology Clinic
  - Evaluation of IL38 in rheumatoid arthritis patients referring to Rafsanjan Rheumatology Clinic
  - Evaluation of IL38 in patients with lupus referred to Rafsanjan Rheumatology Clinic
- Study of Musculoskeletal manifestations of diabetic patients referring to diabetes clinic of Ali ibn Abitaleb Hospital (Rafsanjan, Iran)
  - The study of Musculoskeletal manifestations of hypothyroidism referring to the diabetes clinic of Ali ibn Abitaleb Hospital (Rafsanjan, Iran)

- Surveying the level of participation and autonomy in patients with osteoarthritis referring to Rafsanjan Rheumatology Clinic

- Surveying the Level of Participation and Autonomy in Rheumatoid Arthritis Patients Referring to Rheumatology Clinic of Rafsanjan.

***Participate in reflections, retraining and workshops***

-Blood management and its products at the medical centers of the one-day scientific conference. Rafsanjan University of Medical Sciences, 2017/11/2

- Certificate of Lecture at the Congress of Physiology and Pharmacology of Iran, who has been present as a speaker. 3- Fasts - Kerman University of Medical Sciences - from 2017/5/1 to 2017/5/12

- 3-day-old children's program - Rafsanjan University of Medical Sciences - on 2005/11/19 to 2005/11/21

- Tuberculosis conference - One day conference - Rafsanjan University of Medical Sciences - 2018/11/07

- Monthly Conferences of General Physicians - Rafsanjan University of Medical Sciences - from 2018/5/30 to 2019/02/05

- One-day STD conference- Rafsanjan University of Medical Sciences - On 2018/12/6

- Certificate of participation in the Iranian physiology and pharmacology congress in Kerman University of Medical Sciences on 2005/10/1 to 2005/10/3

- Medical Practice - (1) One day - Yazd Shahid Sadoughi University of Medical Sciences - 2007/5/19

- Medical Practice - (2) (One day - Yazd Shahid Sadoughi University of Medical Sciences – 2007/5/20

- Medical Practice - (3) (One day - Yazd Shahid Sadoughi University of Medical Sciences - 2007/5/21

- - Medical Practice - (4) (One day - Shahid Sadoughi University of Medical Sciences, Yazd, Iran)- 2007/5/22

- Medical Practice - (5) (One day - Shahid Sadoughi University of Medical Sciences, Yazd, Iran)- 2007/5/23

### *Attending congresses*

Rheumatology Congress March, 2014 and 2015 and April, 2016 Tehran and August 2017 Croatia

### *Articles published in domestic journals in Farsi*

- Effect of methanolic extract of *Anacardium occidentale* on histopathology and rat liver and kidney tests - Mohammad Reza Heidari - Babol University of Medical Sciences Journal of Babol University of Medical Sciences 2011 Volume 13, Issue: 1. pages14-21

- Antinociceptive effect of metastatic extract of *Brassicainigra* Black mustard plant in mice - Journal of Mazandaran University of Medical Sciences 2002 - Volume, Issue: 34. pages26-18

### *Articles published in foreign journals in English*

1. Heidari MR and Abbasifard M. Evaluation of the analgesic effect of brassica nigra in mice, Mazandaran University of Medical Sciences (Nameh Daneshgah 2002. 12(34): 18-26.

2. Effat Behravan, Mahmoud Reza Heidari, Mohammad Heidari, GhasemFatemi, Leila Etemad, Gholamhossein Taghipour and Mitra Abbasifard. Comparison of gastric ulcerogenicity of percolated extract of *Anacardium occidentale* (Cashew Nut) with indomethacin in rats. Pak. J. Pharm. Sci., Vol.25, No.1, January 2012, pp.111-115.

3. Razzaghof M, Movassaghi S, Abbasi- Fard M, Shahbazi F Ankylosing Spondylitis as a Deceptive Visage of Multiple Myeloma: A Case Report. Case Rep Clin Pract 2016; 1(2): 48-53.

4. Heidari M.r., Heidari M.r., Naghibi B., Mirshamsi M.r., Vafazadeh j., Heidari M., DabiriS., Abbasifard M. Effects of *anacardium occidentale* extract on histopathology and hepato- renal function tests in rats . Journal of babol university of medical sciences (jbums) january 2011, volume 13, number 1 (58); page(s) 14 to 21.

5. Investigation of *Hypericum perforatum* extract on convulsion induced by picrotoxin in mice. abbasifard M pak J pharm Sci.2011 Apr. 24(2):233-6.

### *Research interests*

With my interest in the herbal medicine, I will continue to study the effects of analgesia and side effects of herbs.

### *Cheers and awards*

Board of Rheumatology and Promotion and Award by Mr. Minister Dr. Hashemi and Head of Imam Khomeini Hospital, University of Tehran.